

CAPE COD SWIM CLUB
M. Solomon, Box 966, Pocasset, MA 02559

Yards-Girls

8 & U	25 Free	15.20	25-Oct-08	CCSC NE	Michelle Z. Guo at 2008 Nike Halloween Classic
	50 Free	33.04	7-Nov-08	CCSC NE	Michelle Z. Guo at CCSC Team Specialty Meet
	100 Free	1:10.63	25-Oct-08	CCSC NE	Michelle Z. Guo at 2008 Nike Halloween Classic
	200 Free	2:33.13	7-Nov-08	CCSC NE	Michelle Z. Guo at CCSC Team Specialty Meet
	500 Free	6:57.13	12-Dec-08	CCSC NE	Michelle Z. Guo at CCSC Team Specialty Meet
	1650 Free	29:24.92	25-Oct-95		Lucy Chandler
	25 Back	17.83	25-Oct-08	CCSC NE	Michelle Z. Guo at 2008 Nike Halloween Classic
	50 Back	39.89	25-Oct-08	CCSC NE	Michelle Z. Guo at 2008 Nike Halloween Classic
	100 Back	1:21.67	12-Dec-08	CCSC NE	Michelle Z. Guo at CCSC Team Specialty Meet
	200 Back	2:56.23			Danielle Charboneau
	25 Breast	20.83			Sarah Swain
	50 Breast	45.68	7-Nov-08	CCSC NE	Michelle Z. Guo at CCSC Team Specialty Meet
	100 Breast	1:40.64	11-Dec-93		Kelly Hyndman
	25 Fly	16.30	29-Jan-94		Sarah Swain
	50 Fly	40.77	26-Nov-94		Dillon Delaney
	100 Fly	1:35.09	26-Nov-94		Dillon Delaney
	200 Fly	3:26.22			Dillon Delaney
	100 IM	1:24.79	25-Oct-08	CCSC NE	Michelle Z. Guo at 2008 Nike Halloween Classic
	200 IM	3:04.00	7-Nov-08	CCSC NE	Michelle Z. Guo at CCSC Team Specialty Meet
	9-10	50 Free	28.49	3-Nov-95	
100 Free		1:02.21	25-Nov-95		Jacqueline Clark
200 Free		2:13.96	21-Feb-97		Dillon Delaney
500 Free		5:44.34	12-Mar-97		Dillon Delaney
1000 Free		13:33.62	12-May-06	CCSC NE	Reilly C. Robbins at CCSC Team Specialty Meet
1650 Free		20:46.42	21-Oct-95		Jacqueline Clark
50 Back		33.98	14-May-10	CCSC NE	Michelle Z. Guo at CCSC Team Specialty Meet
100 Back		1:13.46	17-Feb-05	CCSC NE	Nicole J. Quigley at N.E. 12 & Under Age Group Championship 2005
200 Back		2:42.32	30-Oct-09	UN NE	Lizzie Feldmann-DeMello at Bluefish Speedo Halloween Classic
50 Breast		37.22	18-May-01	CCSC NE	CHELSEA B DOWNING at Age Group & Senior Team Specia
100 Breast		1:21.44	18-May-01	CCSC NE	CHELSEA B DOWNING at Age Group & Senior Team Specia
200 Breast		3:01.33	8-Feb-92		Claire Hawley
50 Fly		30.22			Koren Labouliere
100 Fly		1:13.79			Sarah Swain
200 Fly		2:40.04			Sarah Swain
100 IM		1:13.07	3-Nov-95		Claire Hawley
200 IM		2:34.90	3-Nov-95		Claire Hawley
400 IM		5:31.00			Sarah Swain
11-12		50 Free	26.42	8-Dec-06	CCSC NE
	100 Free	57.04	14-May-04	CCSC NE	Melayna GRASSETTI at Team Specialty Meet
	200 Free	2:01.35	7-Nov-97		Claire Hawley
	500 Free	5:09.58	7-Nov-97		Claire Hawley
	1000 Free	10:43.97	16-May-97		Claire Hawley
	1650 Free	17:43.41	16-May-97		Claire Hawley
	50 Back	29.59	14-May-04	CCSC NE	Melayna GRASSETTI at Team Specialty Meet
	100 Back	1:02.72	13-Nov-09	CCSC NE	Summer A. Hagen-Nickerson at CCSC Team Specialty Meet
	200 Back	2:12.94	15-Dec-96		Lynnette Sweeney
	50 Breast	32.70	7-Mar-96		Kristen Kane
	100 Breast	1:10.53	7-Mar-96		Kristen Kane

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11-12	200 Breast	2:31.27	8-Dec-06	CCSC NE	Katrina COOK at Team Specialty Meet
	50 Fly	29.02			Koren Labouliere
	100 Fly	1:03.76	13-Nov-09	CCSC NE	Summer A. Hagen-Nickerson at CCSC Team Specialty Meet
	200 Fly	2:26.20	17-Nov-00	CCSC NE	NATALIE A TOCZYLOWSKI at Wilton Wahoo Invitational
	100 IM	1:03.92	15-May-09	CCSC NE	Summer A. Hagen-Nickerson at CCSC Team Specialty Meet
	200 IM	2:16.56	30-Oct-09	CCSC NE	Summer A. Hagen-Nickerson at Bluefish Speedo Halloween Classic
	400 IM	4:42.13	15-Dec-96		Lynnette Sweeney
13-14	50 Free	25.07	5-Mar-09	CCSC NE	Hayley D. Weik at New England 2009 Age Group 13-19 Championship
	100 Free	54.82	5-Mar-09	CCSC NE	Hayley D. Weik at New England 2009 Age Group 13-19 Championship
	200 Free	1:54.66	10-Dec-99	CCSC NE	CLAIRE W HAWLEY at Bowdoin
	500 Free	5:01.89	11-Dec-98	CCSC NE	CLAIRE W HAWLEY at Bowdoin Open
	1000 Free	10:17.27	10-Dec-99	CCSC NE	CLAIRE W HAWLEY at Bowdoin Splits
	1650 Free	16:55.58	10-Dec-99	CCSC NE	CLAIRE W HAWLEY at Bowdoin
	100 Back	59.42	4-Mar-10	CCSC NE	Summer A. Hagen-Nickerson at 2010 NE March 13-19 Age Group Championship
	200 Back	2:06.86	4-Mar-10	CCSC NE	Summer A. Hagen-Nickerson at 2010 NE March 13-19 Age Group Championship
	100 Breast	1:07.12	12-Mar-98		Kristen Kane
	200 Breast	2:22.80	9-Dec-94		Lyndsay Sullivan
	100 Fly	59.96	10-Dec-99	CCSC NE	CLAIRE W HAWLEY at Bowdoin
	200 Fly	2:13.71	12-May-06	CCSC NE	Melayna GRASSETTI at CCSC Team Specialty Meet
	200 IM	2:09.66	10-Dec-99	CCSC NE	CLAIRE W HAWLEY at BowdoinOpen
	400 IM	4:31.64	10-Dec-99	CCSC NE	CLAIRE W HAWLEY at Bowdoin
	Open	50 Free	24.86	4-Mar-10	CCSC NE
100 Free		53.16	4-Mar-10	CCSC NE	Anna Cavanaugh at 2010 NE March 13-19 Age Group Championship
200 Free		1:52.67	8-Mar-02	CCSC NE	CLAIRE W.HAWLEY at Bowdoin Invitational/SSA
500 Free		4:53.80	13-Mar-03	CCSC NE	CLAIRE W. HAWLEY at THE 2003 SPEEDO CHAMPIONS SERI
1000 Free		10:01.51	13-Mar-03	CCSC NE	CLAIRE W. HAWLEY at THE 2003 SPEEDO CHAMPIONS SERI
1650 Free		16:38.31	13-Mar-03	CCSC NE	CLAIRE W. HAWLEY at THE 2003 SPEEDO CHAMPIONS SERI
100 Back		59.12	8-Dec-00	CCSC NE	CAROLINE J STEPHENSON at Bowdoin
200 Back		2:06.86	4-Mar-10	CCSC NE	Summer Hagen-Nickerson at NE 13-19 Age Group Championships
100 Breast		1:06.81	5-Mar-98		Kate Kane
200 Breast		2:21.83	9-Mar-00	CCSC NE	KRISTEN M KANE at CT Seniors Short Course 2000
100 Fly		58.72	4-Mar-10	CCSC NE	Anna Cavanaugh at 2010 NE March 13-19 Age Group Championship
200 Fly		2:04.87	13-Mar-03	CCSC NE	CLAIRE W. HAWLEY at THE 2003 SPEEDO CHAMPIONS SERI
200 IM		2:08.04	13-Mar-03	CCSC NE	CLAIRE W. HAWLEY at THE 2003 SPEEDO CHAMPIONS SERI
400 IM		4:22.94	13-Mar-03	CCSC NE	CLAIRE W. HAWLEY at THE 2003 SPEEDO CHAMPIONS SERI
400 Free Relay		3:46.00	1-Jan-95		no one
800 Free Relay		8:20.00	1-Jan-95	CCSC NE	no one
400 Medley Relay		5:00.00	1-Jan-95	CCSC NE	no one

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Yards-Boys

8 & U	25 Free	14.97	28-Jul-00	CCSC NE	GREGG R HUTTO at Greenwood Memorial 2000	
	50 Free	32.04	28-Jul-00	CCSC NE	GREGG R HUTTO at Greenwood Memorial 2000	
	100 Free	1:16.47	28-Jul-00	CCSC NE	GREGG R HUTTO at Greenwood Memorial 2000	
	200 Free	2:53.61	31-Jan-03	CCSC NE	JAMESON P. MCSHEA at Team Specialty Meet	
	500 Free	7:46.18	31-Jan-03	CCSC NE	JAMESON P. MCSHEA at Team Specialty Meet	
	25 Back	17.77	19-May-00	CCSC NE	GREGG R HUTTO at Team Specialty Meet	
	50 Back	39.22	15-Feb-03	CCSC NE	JAMESON P. MCSHEA at NES 8 & Under Championships	
	100 Back	1:32.19	31-Jan-03	CCSC NE	JAMESON P. MCSHEA at Team Specialty Meet	
	25 Breast	20.53	15-Feb-03	CCSC NE	JAMESON P. MCSHEA at NES 8 & Under Championships	
	50 Breast	45.18	15-Feb-03	CCSC NE	JAMESON P. MCSHEA at NES 8 & Under Championships	
	100 Breast	1:44.75	2-Nov-91		Gavin Frazier	
	25 Fly	17.18	28-Jul-00	CCSC NE	GREGG R HUTTO at Greenwood Memorial 2000	
	50 Fly	39.85	28-Jul-00	CCSC NE	MARK W HANSEN at Greenwood Memorial 2000	
	100 Fly	1:52.06	13-Nov-09	CCSC NE	Aidan Wieler at CCSC Team Specialty Meet	
	100 IM	1:26.87	28-Jul-00	CCSC NE	MARK W HANSEN at Greenwood Memorial 2000	
	200 IM	3:21.84	9-Feb-96		John Gould	
	9-10	50 Free	28.94	3-Nov-95	CCSC NE	Andrew Cullum
		100 Free	1:02.49	3-Nov-95	CCSC NE	Andrew Cullum
		200 Free	2:11.87	3-Nov-95	CCSC NE	Andrew Cullum
		500 Free	5:41.66	3-Nov-95	CCSC NE	Andrew Cullum
1000 Free		14:51.19	14-May-04	CCSC NE	Ben Herndon	
1650 Free		20:24.25	21-Oct-95		Andrew Cullum	
50 Back		33.69	27-Feb-98		John Gould	
100 Back		1:12.77	11-Dec-09	CCSC NE	Christopher F. Davis at CCSC Team Specialty Meet	
200 Back		2:36.47	28-Nov-95	CCSC NE	Andrew Cullum	
50 Breast		38.54	11-Jun-93		Gavin Frazier	
100 Breast		1:23.75	5-Nov-93	CCSC NC	Gavin Frazier	
200 Breast		3:09.99	16-May-08	CCSC NE	Jarrett W. Jones at CCSC Team Specialty Meet	
50 Fly		31.77	6-Feb-98		John Gould	
100 Fly		1:13.43	27-Feb-98	CCSC NC	Andrew Cullum	
200 Fly		3:02.40	16-May-08	CCSC NE	Jarrett W. Jones at CCSC Team Specialty Meet	
100 IM		1:13.22	17-Feb-05	CCSC NE	JAMESON P. MCSHEA at N.E. 12 & Under Age Group Championship 2005	
200 IM		2:33.61	3-Nov-95	CCSC NC	Andrew Cullum	
400 IM		6:00.88	17-Jan-03	CCSC NE	BRADLEY F. KEIGWIN at Team Specialty Meet	
11-12		50 Free	24.78			Shane Raymond
		100 Free	52.88			Shane Raymond
	200 Free	1:55.48	1-Nov-91		Shane Raymond	
	500 Free	5:15.39			Shane Raymond	
	1000 Free	11:09.81	1-Nov-91		Shane Raymond	
	1650 Free	18:33.47			Shane Raymond	
	50 Back	29.56			Shane Raymond	
	100 Back	1:04.94			Shane Raymond	
	200 Back	2:22.22	5-Feb-10	CCSC NE	Jarrett W. Jones at CCSC Team Specialty Meet	
	50 Breast	33.17	22-Feb-01	CCSC NE	ALEX G ROAN at New England 9-12 Age Group Cha	
	100 Breast	1:11.00	22-Feb-01	CCSC NE	ALEX G ROAN at New England 9-12 Age Group Cha	
	200 Breast	2:36.42	22-Feb-01	CCSC NE	ALEX G ROAN at New England 9-12 Age Group Cha	
	50 Fly	26.04			Shane Raymond	
	100 Fly	57.64			Shane Raymond	

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11-12	200 Fly	2:20.07	22-Feb-01	CCSC NE	ALEX G ROAN at New England 9-12 Age Group Cha
	100 IM	1:03.88	2-Feb-01	CCSC NE	ALEX G ROAN at CCSC Invitational Feb 2001
	200 IM	2:17.66	4-Feb-00	CCSC NE	JOHN J GOULD at Team Specialty Meet
	400 IM	4:49.65			Shane Raymond
13-14	50 Free	23.33	8-Mar-02	CCSC NE	MATTHEW ABBOTT at Bowdoin Invitational/SSA
	100 Free	51.28	5-Mar-09	CCSC NE	Christopher Roan at New England 2009 Age Group 13-19 Championship
	200 Free	1:48.59	4-Mar-93		Shane Raymond
	500 Free	4:51.93	17-Dec-92		Shane Raymond
	1000 Free	10:14.19	1-Mar-07	CCSC NE	Christopher A. Inglis at 13-19 Age Group Championships
	1650 Free	16:47.83	5-Nov-99	CCSC NE	ANDREW R CULLUM at Team Specialty Meet
	100 Back	56.48	5-Mar-09	CCSC NE	JAMESON P. MCSHEA at New England 2009 Age Group 13-19 Championship
	200 Back	2:00.37	4-Mar-93		Shane Raymond
	100 Breast	1:03.76	1-Mar-07	CCSC NE	Christopher A. Inglis at 13-19 Age Group Championships
	200 Breast	2:18.60	1-Mar-07	CCSC NE	Christopher A. Inglis at 13-19 Age Group Championships
	100 Fly	55.93	4-Mar-93		Shane Raymond
	200 Fly	1:57.78	11-Mar-93		Shane Raymond
	200 IM	2:05.54	5-Mar-09	CCSC NE	Christopher Roan at New England 2009 Age Group 13-19 Championship
	400 IM	4:24.87	5-Mar-09	CCSC NE	Christopher Roan at New England 2009 Age Group 13-19 Championship
Open	50 Free	21.14	12-Mar-09	CCSC NE	Peter SACCO at NE 2009 Speedo Champions Series
	100 Free	46.62	23-Mar-98		Thiago Biazin
	200 Free	1:40.48	23-Mar-98		Thiago Biazin
	500 Free	4:30.24	6-Feb-04	CCSC NE	TOBIAS T. WORK at CCSC_Feb6-8_2004
	1000 Free	9:14.53	9-Mar-06	CCSC NE	Alex ROAN at 2006 NE EZ North Reg.Speedo Championships
	1650 Free	15:33.35	9-Mar-06	CCSC NE	Alex ROAN at 2006 NE EZ North Reg.Speedo Championships
	100 Back	53.24	5-Mar-98		Thiago Biazin
	200 Back	1:53.04	20-Mar-99	CCSC NE	THIAGO Z BIAZIN at Junior Championships
	100 Breast	59.07	5-Mar-09	CCSC NE	Peter SACCO at New England 2009 Age Group 13-19 Championship
	200 Breast	2:09.11	4-Mar-10	CCSC NE	Christopher A. Inglis at 2010 NE March 13-19 Age Group Championship
	100 Fly	51.13	12-Mar-09	CCSC NE	Peter SACCO at NE 2009 Speedo Champions Series
	200 Fly	1:53.19	13-Dec-02	CCSC NE	TOBIAS T. WORK at Bowdoin Open Senior Invitation
	200 IM	1:55.75	17-Dec-09	CCSC NE	Christopher A. Inglis at 2009 NE GMSC Senior Meet
	400 IM	3:58.45	12-May-06	UN NE	TOBIAS T. Work at CCSC Team Specialty Meet
	400 Free Relay	3:28.00	1-Jan-95	CCSC NE	no one
	800 Free Relay	7:34.00	1-Jan-95	CCSC NE	no one
	400 Medley Relay	4:00.00	1-Jan-95	CCSC NE	no one